



On-line
Faculty Development Programme

Developing Consciousness (Transcendental Meditation)

(22nd –26th September, 2020)

Sponsored by
AICTE ATAL Academy

Organized by
**Directorate of Faculty Development & IQAC
JNTUA, Ananthapuramu-515002
Andhra Pradesh, India**

www.jntua.ac.in

Course Objectives

- Healthy lifestyle for developing consciousness
- Mudras for developing consciousness
- Pranayama for immunity
- Training on transcendental meditation
- Super brain yoga

About the Experts

Well experienced resource persons from Art of Living and other reputed organizations.

Eligibility

The programme is open for the faculty members from AICTE approved technical institutions.

Registration

Participants are requested to register through the webpage
<http://www.aicte-india.org/atal>

Other Details

An on-line test is mandatory for all the participants, towards the end of the FDP.

Participation certificate will be issued by AICTE Training and Learning (ATAL) Academy, on completion of the course requirements.

Programme Committee

Chief Patron

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JNTUA, Ananthapuramu

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